



**33rd
IAPCON
2026**

Annual International Conference of the Indian Association of Palliative Care

HYDERABAD

12, 13, 14 & 15 Feb 2026

**33rd Annual International Conference of the
Indian Association of Palliative Care (IAPC)**



Pre Conference Workshop : 12th February 2026

Conference : 13th - 15th February 2026

Venue - AddLife, Block 4, 2nd Floor, Yoga Hall

Organized by: Sparsh Hospice, Hyderabad & Basavatarakam Indo-American Cancer Hospital and Research Institute, Hyderabad

Smart fixes in Psychological Interventions – Making Therapy Individualised to Palliative Care Patients and families

WORKSHOP SCHEDULE

S.No.	Topic	Faculty	Time
1.	Welcome and Introduction Pre-workshop evaluation Common Psychological issues in PC Brief overview of interventions Workshop agenda	Ms. Shubha Pai Mr. Dean George Mr Rajesh Bethala	1pm – 1:20pm
2.	Cognitive Techniques What? (Theoretical Background) How? (Practical Technique) When? (Areas of Application) Q/A	Mr Rajesh Bethala	1:25pm – 2:25pm
3.	Meaning based techniques What? (Theoretical Background) How? (Practical Technique) When? (Areas of Application) Q/A	Ms Shubha Pai	2:30PM – 3:30PM
4.	Mindfulness & Relaxation techniques What? (Theoretical Background) How? (Practical Technique) When? (Areas of Application) Q/A	Mr Dean George	3:35pm – 4:35pm
5.	Conclusion Summary Post-workshop evaluation Feedback Q/A Distribution of certificates	Ms. Shubha Pai Mr. Dean George Mr Rajesh Bethala	4:40pm – 5pm

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